

<u>PROMESENE, PREPARATORY, ECUCOL</u>

Staying Safe Online

Years 5 & 6

Online Information

- Be careful about what personal information you tell about yourself or others (this could include home address, your school, email address, telephone numbers). The more information you put online, the more people can find out about you.
- Only be friends with people that you know in real life as some people who you meet online may not be who they say they are.
- Only send pictures to people that you know in the real world too even if you have been talking to them online and think you know them, or someone you have met through a friend. You never really know who they are if you haven't met them face to face. If someone asks you to send them a picture message and you don't know who they are, you should tell a trusted adult.

Chatting, Games and Social Networks

- Use a nickname if you are using a blog, a chatroom, a game website or a forum.
- You can be any age to use sites like Moshi Monsters and Penguin Club. However, you do need to be at least 13 years old to sign up for most of social networking sites. If you want to use a website, check with an adult that you are old enough.
- Check if a website has any privacy and security settings allow you to who can contact you. Check the help page to find out how to report.
- Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' permission and even then only when they can be present and meet in a public place. If anyone asks to meet up with you, tell a trusted adult.



Cyberbullying

• The best way to deal with cyberbullying is to 'stop, block and tell'.

